



WAITING FOR COMMUNION

INTRODUCTION

At the heart of equipping people for their lifelong faith formation are the Four Key Faith Practices: **Caring Conversations, Devotions, Service, and Rituals and Traditions.**

Reflect together in this Waiting for Communion Growing Faith Moment. This moment can take place around the family table.



CARING CONVERSATIONS

Invite people to share their answers to one or more of the following:

- How is worship different during this time?
- What are you missing?
- Share a favourite memory of worshipping with your congregation.
- What are you looking forward to about worship when we are together again?



DEVOTIONS

I wonder if you are missing holy communion with your congregation? Holy communion is one way Jesus shows us his love. He comes to us through his body and blood to show us his love. Jesus began this special meal with his disciples on the night before he died. This meal is called the Last Supper. Read the following Bible verse. I wonder if you recognise the words.

While they were eating, Jesus took bread, and when he had given thanks, he broke it and gave it to his disciples, saying, 'Take and eat; this is my body.' Then he took a cup, and when he had given thanks, he gave it to them, saying, 'Drink from it, all of you. This is my blood of the covenant, which is poured out for many for the forgiveness of sins. Matthew 26:26-28

Where have you heard these words before?

We hear these words when we gather together and celebrate holy communion. Many people look forward to being together again and celebrating holy communion. As we wait for that day we can remember that Jesus always loves us, his Holy Spirit remains with us and will continue to help us love and serve others.



SERVICE

Place an empty cup and plate on your table. Think about the people who do not have food or drink. In what ways can you help people who are hungry or thirsty during this time? Can you find a way to support them through a local care agency.



RITUALS AND TRADITIONS

PRAY: Precious Jesus, we look forward to the day we gather again to worship together and celebrate holy communion with our congregation. As we wait, remind us of your love through each other and help us to show your love to those in our community who have nothing. Amen.

BLESS: May God help us share his love as we wait to celebrate holy communion again. Amen

For more information about the Growing Faith Moments and other resources for ministry to children, youth and their families, please contact:

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